



Alyssa R. Corkrean MSN APRN FNP-C | Sean P. Corkrean Pharm D
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PATIENT WEIGHT LOSS WELLNESS INTAKE FORM Date: _____

Please Have Your Picture ID Ready To Provide

Personal Data				
Name	Date of Birth			
Social Security Number (optional)	Race	Gender Assigned at Birth Male / Female		
Address	City State	Zip		
Home phone	Cell phone	Work phone		
Occupation	Employer			
Emergency Contact Name	Relationship to Patient	Phone Number		
Email (Will be used for patient portal access):				
Preferred Lab	Preferred Imaging Center	Preferred Pharmacy		
Preferred Hospital				
For any patient under the age of 18, please fill out this section:				
Responsible Party (of the patient) Name: _____				
Relationship to the Patient: _____				
<i>If you are not the patient's parent, please have supporting documentation ready to consent for today's visit.</i>				
Current Street Address: _____ Apt#/Floor/Suite#: _____				
Date of Birth: ___/___/___ City: _____ State: ___ Zip: _____				
Home Phone: (____) ____-____ Cell Phone: (____) ____-____				
Primary Care Physician				
Name	Phone			
LIST ANY OTHER PHYSICIANS YOU SEE				
NAME	SPECIALTY	CITY, STATE	DATE LAST SEEN	MEDICAL CONDITION

Reason For Scheduling A Visit:

Symptoms Related To Reason For Visit:

Medications

Please list ALL prescription medications.
 Include **ALL** over the counter medications, supplements, and vitamins.

Name of Medication	Dosage	Dosing schedule

Allergies

Are you allergic to any MEDICATIONS or Other Allergens (Prescription or OTC)

Medication Allergen (egg, bees)	Type of reaction (anaphylaxis, swelling, itchy, rash, vomiting)

Past Surgical History

Surgical Procedure	Date Of Procedure

MEDICAL HISTORY

*Do you **have or have you ever had** any of the following conditions: (Y=yes / P-Past / No- Leave Blank)*

CONDITION	Y/P	CONDITION	Y/P	CONDITION	Y/P
High Cholesterol		Allergies		Coronary Artery Disease	
Heart Disease/Attack		Infertility		Congestive Heart Failure	
Irregular Heartbeat		Endometriosis		Bleeding Disorder	
Chest Pain		Arthritis		HIV/AIDS	
Palpitations		Alzheimer's		Seizures	
Heart Stent/ Surgery		Dementia		Breathing Problems	
Sleep Apnea		Neurological Disorder		Anemia	
High Blood Pressure		PCOS		Blood Transfusion	
Stroke		ADHD		Birth Defects	
Blood Clots		Anxiety		Lymphedema	
Asthma		Depression		Kidney/Bladder Problem	
COPD		Restless Legs		Prostate Cancer	
MTHFR		Insomnia		Prostate Disease	
G6PD Deficiency		Fibromyalgia		Colon Cancer	
Liver Disease		Autoimmune Disease		Ovarian Cancer	
Hepatitis		Severe Infection		Lung Cancer	
Leg Swelling		Headache / Migraine		Cancer: _____	
Constipation		Alcohol Abuse		Blood Clotting Disorder	
Diarrhea		Pre- Diabetes		Rheumatic Fever	
Gallstones		Diabetes Type I		Osteopenia/ Osteoporosis	
Pancreatitis		Diabetes Type II		COVID 19	
Binge Eating		Insulin Resistance		Post COVID 19 Syndrome	
Eating Disorder		Thyroid Problems		Chronic Fatigue	

Any hospitalizations, serious illness/ injury, either now or in the past?

Any ongoing sources of inflammation (e.g. eczema or other skin irritation, chronic post nasal drip, congestion, headaches, achy muscles/joints, swelling, pain, stiffness)?

PLEASE LIST ANY OTHER MEDICAL HISTORY/ ACTIVE MEDICAL PROBLEMS:

Social History

This information is strictly confidential and will be used **only** to address your symptoms and/or complaints.

Do you smoke cigarettes now or have you in the past? Yes No

- If yes, how many packs per day? _____
- How many total years have you smoked? _____

How many caffeine-containing drinks do you have a day? _____ (coffee, tea, sodas, energy drinks)

Do you drink alcohol? Yes No

- If yes, how many drinks and what type of alcohol (beer, wine, spirits etc.) do you have in an average week? _____

Do you now or have you in the past used any illicit drugs (marijuana, cocaine, amphetamines, opiates, narcotics, LSD (acid), etc.)? Yes No

- If yes, what substance(s) and how often? _____

LIFESTYLE QUESTIONS

Do you take anything to help you fall asleep? _____ Do you snore? _____

Do you feel like you sleep well? _____ Average hours of sleep per day _____

What time do you go to bed at night? _____ How long until you fall asleep? _____

Do you go to sleep with the TV on? _____ How many times do you wake up a night? _____

Why do you wake up during the night? _____

What do you do when you wake up at night? _____

What time do you wake up in the morning on a typical workday? _____

Do you feel refreshed when you wake up? _____ Do you eat after 8PM? ____ YES ____ NO

On a scale of 1 – 10, how would you rate your energy level. (1 = lowest) _____

To what do you attribute this energy level? _____

Do you exercise for at least 30 minutes at a time, at least 3 days per week? ____ YES ____ NO

How much exercise do you do on average per week? _____

What do you do for exercise? _____

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What time of day do you usually exercise? _____ After exercising are you sore the next day? _____

How many meals a day do you eat? _____ Do you snack between meals? ____ YES ____ NO

Do you drink at least 64 ounces of water per day? ____ YES ____ NO

How much water do you drink on average per day? _____

What is your current weight? _____ Current Height _____ Weight 6 months ago _____

Would you like your weight to be different? _____ If so what? _____

What was your most successful diet? _____ How much did you lose? _____

How much weight would you realistically like to lose in the next year? _____ pounds.

What was your age when you were last at your ideal weight? _____

Do you have any food allergies or sensitivities? _____

Are you currently following any diet restrictions? (ex. Gluten Free, Dairy Free, Paleo, Vegan):

What percentage of your food is home cooked? _____

Where do you get you not home cooked food? _____

Do you crave sugar, carbs, alcohol, coffee, cigarettes, other food (please specify), or have any addictions?

What is the general status of your dental health? _____

Any troubling dental work or history of dental/ oral infections? Dentures? Root canals?

How many silver/ mercury fillings do you have? _____ Have you had any replaced? _____

Other major dental work/ issues beyond basic cleanings?

Occupation: _____

Would you consider your job stressful? _____

Average work hours per week: _____

What was the last time you felt really vibrant and well?

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If you could wave a magic wand and change two things, what would they be?

What do you do to relax & How often? _____

What was your general health and well being as a child? _____

Have you ever taken antibiotics more than a short course or two as a child? If so, when/how often? For What? And for how long? _____

Any remarkable exposure to toxins? (e.g. current or childhood home (lead, mold, etc.), nearby industrial community, job, hobbies, travel, pesticides, heavy metals, etc.): _____

Any healers, helpers, counselors, beliefs, mentors, pets, of therapies with which you are involved? Please list.

What are your primary hobbies? _____

STRESS QUESTIONS

- Please **circle** all current stressors in your life.

MOVED YOUR HOME

JOB CHANGE

JOB STRESS/LOSS

ILL FAMILY MEMBERS

MARITAL PROBLEMS

DIVORCE/SEPARATION

DEATH OF SPOUSE/CHILD

FORECLOSURE/BANKRUPTCY

LEGAL PROBLEMS

NEW MARRIAGE

RETIREMENT

TROUBLE W/ IN-LAWS

PROBLEMS WITH CHILDREN

NEW PERSON LIVING WITH YOU

OTHERS _____



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Patient Expectations

Please list your 5 major health concerns in order of importance:

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

What is your desired health outcome? (weight loss, blood pressure control, pain control)

What is your expectation of time needed to achieve your desired health outcome?

What is your expectation of the providers of THE CORKREAN CLINIC FOR HEALTH AND WELLNESS in treating you?



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Disclosure / Liability Waiver The Corkrean Clinic for Health & Wellness

Bio-identical Hormone Replacement, Compounded Medication, and Supplement Program

While numerous safety measures are taken by our providers and staff, incidental events may occur that are beyond the control of our providers or staff. Within the medical community, there are opposing views with respect to the use of bio-identical hormonal replacement and compounded medication therapies. The use of compounded medications and/ or bio-identical hormones does provide true medical benefit and is being used at our clinic to lessen/treat non-life-threatening symptoms you have identified as bothersome, undesirable, and unwanted. It is therefore expressly agreed that you are voluntarily participating in this program and all compounded and /or bio-identical hormonal replacement regimens, and the use of any medications and/or supplements is undertaken at your own risk. You are voluntarily participating in this program and assume all the risks of injury to yourself that might result. You hereby agree to waive any claims or rights you might otherwise have to pursue legal remedies from **The Corkrean Clinic for Health & Wellness**, its staff, or treating providers for injury to you on account of involvement in the Bio-identical Hormone Replacement, Compounded Medication, and Supplement Program. You have carefully read this waiver and fully understand that it is a release of liability.

I accept all terms and conditions of this program.

Signature of Patient

Date

Print Name

Date

Maintenance of Preventative Medicine and Cancer Surveillance

A requirement for acceptance and continuation in the bio-identical hormone replacement program is adherence to routine cancer/prostate screening. For females of certain age and risk you must have routine physical examinations including recommended mammography / pap smear screenings. You must have routine physical examinations including a prostate examination and PSA testing. Your signature below indicates that you will comply by obtaining the age and risk factor appropriate cancer/ pap smear/ prostate screening from your primary care physician, Women’s Health Physician, or other speciality provider within three months of beginning the Bio-Identical Hormone Replacement Therapy Program and then according to current screening guidelines, which can be obtained, and followed with, your primary care gynecological, and or other specialty providers.

I accept all terms and conditions of this program.

Signature of Patient

Date

Print Name

Date



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AUTHORIZATION AND RELEASE

Please Initial and Sign Below

____ **Authorization for Treatment:** I voluntarily consent to the administration and cost of medical and surgical procedures for myself or my dependent.

____ **Authorization for use of e-mail/cell phone:** I voluntarily consent to the use of my personal e-mail and/or cellular phone via voice or text to receive newsletters or notifications. This is NOT to be used for my private medical records or health information.

____ **Assignment of Insurance Benefits:** I authorize payment directly to THE CORKREAN CLINIC FOR HEALTH AND WELLNESS for all benefits otherwise payable to me.

____ **Guarantee of Payment:** I understand that I am financially responsible and agree to pay all charges. I understand that I must pay in full today for all services rendered.

____ **Release of Records:** I authorize THE CORKREAN CLINIC FOR HEALTH AND WELLNESS to release (verbal or in writing) individually identifiable health information (“protected health information”) to any person or entity including my insurance carrier, employer if treatment is related to employment purposes, or other health care operations which may be liable to me or my practitioner(s) for charges for this treatment and for quality management, utilization review, transfer, and follow up purposes in order to carry out treatment , payment, and/or healthcare operations.

____ **Receipt of Privacy Practices:** I acknowledge that I have received and read the Notice of Privacy Practices of THE CORKREAN CLINIC FOR HEALTH AND WELLNESS I understand that a copy of this agreement may be used with the same effectiveness as the original.

PATIENT SIGNATURE: _____ **DATE:** _____

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** _____

CONSENT FOR NOTIFICATION OF TEST RESULTS/MEDICAL INFORMATION

I give permission to THE CORKREAN CLINIC FOR HEALTH AND WELLNESS to:

1. Follow- up phone calls or call backs regarding care at THE CORKREAN CLINIC FOR HEALTH AND WELLNESS using this phone #: (____) _____ - _____

2. Leave message on my answering machine: (circle one) Yes / No

3. Discuss my health information with the following people: _____

PATIENT SIGNATURE: _____ **DATE:** _____



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Financial Responsibility Form

Thank you for trusting in The Corkrean Clinic For Health And Wellness as your comprehensive healthcare team to optimize your overall wellness. The medical services you see imply a financial responsibility on your part. This responsibility obligates you to ensure payment in full for the services you receive. To assist in understanding the financial responsibility, we ask that you read and sign this form. Feel free to ask if you have any questions regarding your financial responsibility. By signing below and/or receiving medical services from The Corkrean Clinic For Health And Wellness you agree to the following prices listed below. These prices are subject to change and patients will be notified of any updates. Please note that the following cost only cover time with the providers. Additional costs may be accrued during your visit. These costs may include labs, medication, and supplements. Many of these are specialty labs, medications, and supplements that may not be covered by insurance. The Corkrean Clinic For Health And Wellness does not bill your insurance for you and all payment must be rendered at the time of service. ***Please note that functional medicine requires significant time outside of patient contact time for providers to review, collaborate and discuss your lab results, treatment plans, and patient cases. This additional time is factored into the cost associated with patient visits.

New Patient Compressive Wellness- Initial Visit	\$250.00 (Average Visit Time 1.5- 2 Hours)
Comprehensive Wellness Follow Up	\$200.00
Comprehensive Wellness Follow Up (Short Visit)	\$100.00/ ½ Hour (Average Visit Time)
Health Coach Only Visit	\$75
Peptide Weight Loss Program	Please ask to see separate fee schedule.
Medically Managed Peptide Program	Please ask to see separate fee schedule.
Low Dose Naltrexone Program	Please ask to see separate fee schedule.
Compounded Prescription Program	Please ask to see separate fee schedule.
Vitamin/Weight Loss Injections	Please ask to see separate fee schedule.
Supplement Membership Benefits	20% off Professional Supplements *Few Exclusions Apply*
Specialty Labs	Prices Vary
Conventional Labs	Self-Pay Options and Insurance Options Available
Onsite Lab Draws	\$20.00 Draw Fee
Additional cost may occur with onsite testing/procedures Super Bill available upon request.	Price Vary (EKG, POC Testing, Pelvic exams, etc.)

I accept all terms and conditions of this program.

Signature of Patient

Date

Print Name

Date